

Foresight News November 2026

Dear Parents

In November our theme is "Our American Heritage". We will respectfully learn about the Indigenous cultures and tribes, focusing on Native tribes and cultures in Arizona. This will include the past and present; notable artists, education activists, languages, traditional foods, and change makers past and present. We will explore America's "melting pot" and how we can respect differences, share common interests and appreciate all people in the world. We will also discover the value of old-world trades past and present and how they have influenced and helped build traditions. Thanksgiving will provide a wonderful opportunity to focus on "ALL" family traditions, special activities, and what it means to be grateful all year long.

In addition to the theme activities, our shelf materials provide many opportunities for children to practice skills and concepts. You may not always see physical evidence of your child's work because many of our activities don't necessarily involve a physical product. Children are always helped and encouraged to make choices that are stimulating and provide a certain element of challenge.

Special Events

Veteran's Day: Wednesday, Nov. 11, 2026. The center will be closed. Have a great day and remember to thank a veteran!

Thanksgiving Holiday: Weds. Thurs. & Fri., Nov. 25, 26, & 27, 2026
The center will be closed. Have a great family holiday!

Foresight Food Drive:
Along with our "Thankful talk" in the classroom, Foresight will be sponsoring a canned food drive. Please watch for the donation box and bring what you can to help those less fortunate!

Holiday Open House:
Save the Date!! Fri., December 4, 2026. This is a great event to meet other parents and kick-off the holiday season! We will do baked hams, homemade mac-n-cheese (my late mother-in-law's recipe), & my secret punch recipe. There will be holiday music, a special art project, and a photo op with Santa! We will ask everyone to share a family favorite dish to make this a very special event. Please look for the sign-up sheet at the entrance. We hope to see everyone for this Foresight celebration!!!

Winter Break:
Foresight will be closed Wednesday, December 23 - January 1, 2027.
We will see everyone back here on Monday, January 4th, 2027!

Other News

Snow-day Policy:
It's time to remind everyone that on snow days if the public schools are closed, we

will also be closed. However, if the public schools are on a "snow day schedule", we will still open at 7:30 am. Check the FUSD website (www.fusd1.org, click on the "Snow Day Status") for news about school closures. We will also post any closures for snow on our social media and Playground App.

Drop-In and Schedule Changes:

We have continued to enroll more students since the beginning of the school year, and our schedule availability is becoming more and more limited. If you are interested in increasing your schedule, now is the time to do it (especially those with only two half days)! We usually see an increase in enrollment after the holidays, and any changes may not be possible then.

Winter Clothing:

Every day your child will be going outside (unless the weather is extreme). Please be sure to wear/bring appropriate clothing every day. **Please be sure to write your child's name on each article!** Also, see the winter clothing tips attached to November email to help with dressing in all of these extra clothes!

We need your help….

Please make certain that your child is familiar (what they look like) with their personal belongings. This is very important in the winter months. Teachers do not see everyone's jackets, backpacks, hats, etc. upon arrival. So, if your child cannot identify their things, it is frustrating for everyone-including your child. Your child's independence not only builds their self-confidence it keeps our staff from the time-consuming task of looking through 45+ coats, hats, etc. that flood the cubby area every day.

Lunch Time:

When packing your child's lunch, the best thing you can serve them to drink is **water**. It is much better at keeping children hydrated than juice. We are trying our very best to comply with Quality First guidelines and keep everyone healthy and happy!

Along with a healthy lunch, we also want to ensure a safe lunch. If your child is under 4 years old Quality First guidelines require you to cut grapes in half, cut hotdogs and baby carrots down the center (long ways), avoid popcorn, hard pretzels, and large amounts of peanut butter due to choking concerns. Please consider these serving suggestions for your child, at any age, for at home and at school.

Also, please be sure to wash your child's lunch box (inside and out) every week... Metal boxes are easily sanitized and most fabric/insulated bags can be placed in the washing machine. This will really help as cold/flu season approaches and Covid-19 remains.

Just a reminder:** ***Please no Lunchables, Jell-O, meat sticks, juice drinks, fruit snacks and candy.

Potty Accidents Happen:

It is always easiest for your child if you keep an extra set of clothes in a backpack to bring to school every day. Usually, your child is more comfortable in their own clothes, and it helps make them feel more secure and settled.

Donations are always welcome for underwear and unisex pants!

Thank You Very Much!!!!!!!!

Peace, Love, and Kindness,

Beth, Kori, Isabelle, Adrianne, Ella, Ashlee, Leandra., Sierra, and Lori

Thought for the Month…

Where we love is home,
Home that the feet may leave,
But not our hearts.

-Oliver Wendell Holmes