

### Foresight News

#### March 2023

#### Dear Parents

The theme this month is "Our Town". We will learn about community helpers; health professionals, police, and fire fighters, mail carriers, librarians, and shop keepers. We will discuss the jobs our parents do and invite them in to share their special skills with us in Social Studies. We will also explore the various methods of transportation; land, water, and air. We will take a look at the history and technology of transportation. Safety will also be part of our unit; stranger awareness, wearing seat belts and bike helmets, participating in fire safety, and obeying traffic signs. We're looking forward to an exciting month of learning!

#### Special Events

#### Spring Break:

March 16<sup>th</sup> & 17th (Thurs. and Fri.) Foresight will be closed. Have a safe and happy Spring break weekend!

# Other News Independence=healthy self-esteem:

As a friendly reminder, here are our expectations of students when coming into school:

- Please have your child walk on their own into the building carrying their own belongings.
- Sign your child "IN" and "OUT" with the time and a FULL signature. Notebook located at desk area entrance.

- Please allow your child to put their own personal items into their cubby (with guidance if needed) so they know where it is and what it looks like. They can do that while you are signing in &out.
- Instruct and assist your child to wash their hands in the restroom (20 seconds) or middle classroom.

#### Enroll for Summer and Fall 2023!!

In February, we sent out your intent to continue form for Summer and Fall 2023. We will have open enrollment for new students March 1st, so it is important for us to know if your child will be here for our "Summer Exploration Series". If your child will not be attending this summer you need to fill out a withdrawal notice by May 1st to give your 30 days' notice and ensure that your deposit will be applied to your last month of tuition. Our summer session covers June & July. Foresight Fall session begins on Tuesday August 1st, 2023

#### Snack & Lunch Time:

Please remember that snacks must follow our Quality First guidelines for healthy snacks/lunches and each snack should include **two** food group components. Please save cookies, fruit snacks, and high fat snacks for home. Fruits AND veggies should be offered every day.

\*\*\*\*Also, please be sure to wash/disinfect lunch boxes weekly.

#### Contact Information:

Please be sure we have a current phone number to reach you in case of emergency.

#### NAEYC for Families!

The National Association for the Education of Young Children (NAEYC) offers families a free newsletter. You can have this emailed to you so you can get research-based, family-friendly tips and ideas about your child's learning and development delivered right to your emailbox! <a href="https://www.families.naeyc.org/signup">www.families.naeyc.org/signup</a> to have it sent to you.

#### What to Wear to School?

Please send your child to school with appropriate jacket, hat, etc. for the everchanging spring weather of Flagstaff. We go outside every day and want each student to be comfortable and enjoy outside activity. Also, children need sturdy play shoes that allow them to develop gross motor skills. Please, no flip flops or big heavy boots that can lead to slips, trips, and injuries. And please label all belongings...

## March Go Green Tip: Use Cloth Napkins!

Not only are they more durable (one cloth napkin will make it through a lot more BBQ sauce than a paper one!) but ditching disposable napkins will also save plenty of money over the years. It'll also reduce your trash output, which means less energy is used transporting and processing your waste. Using recyclable paper napkins is good for the planet, but it's even better to not have anything to recycle in the first place. Plus, cloth

napkins make dinner feel oh-so-fancy.

#### Our Staff:

We wanted to make everyone aware that Arianna our late day teacher left to take a full-time job. We will miss her, but wish her all the best! We are very happy to have Angie Fritz step in and take over late-day with Morghan and Kylie. She did training in December, then had back surgery in January, and now is back-YEAH!

#### Cheers to Spring!!!

Beth, Korí, Mykaela, Jena, Sherí, Brandalyn, Angíe, Morghan, and Kylíe

Don't forget to visit our website:

www.Foresightlearningcenter.com
Or follow us on Facebook, Instagram, or
Twitter!!

#### Included Documents:

\*Parent #2 Observation of Student

\*\*\*Please return all documents as soon as possible!