



Foresight News

February 2025

Dear Parents,

This month will be full of exciting projects and special activities everyone will LOVE!!!!

Our theme for February is "Healthy Body, Dear Hearts." We'll be exploring all aspects of the human body: our organs and what they do for us, the skeleton and how it's connected, muscles and exercise, and what makes a nutritious diet. We'll also discuss our 5 senses, teeth and good dental care and making healthy choices.

Special Events

Valentine Tea:

Friday, February 14th from 10:30-11:30. There will be a sign-up sheet posted. We will exchange Valentines, create a special project, and enjoy treats! Please have your child bring 20-25 Valentines with his or her name on them, but do not address them to specific children. We hope everyone can attend!

Volunteers also needed 😊

Presidents Day:

February 17th --Foresight will be closed in observance of President's Day. Have a lovely day!

Spring Break:

Foresight will be closed March 13 and March 14, 2025 (Thurs. & Fri.). We hope everyone can enjoy a little fun-in-the-sun with family!! Make some great memories! If you will not be

here at all that week, please let us know so we can plan accordingly.

Other News

Student Absences & Family Illness:

If your child is going to be absent for any reason, please call or email us that they will be gone and why. This helps with planning classroom activities and being aware of illness occurring at our school.

Winter Recess, Fresh Air and

Clothes: Getting fresh air is more important than ever with all the germs and the winter months, to get rid of germs and keep all our friends healthy. We will go outside for recess (even if only for a few minutes), so please send your child to school with a warm coat, a hat, and mittens; snow boots and snow pants if there is snow. **It is very helpful to label all items with your child's name.**

Please do not send your child to school with snow boots if there is no snow. They are too bulky and do not promote gross motor skill development.

Contact Information:

Please be sure we have a current phone number to reach you in case of emergency. If any contact numbers have changed, we need to have them

on file. Please talk with Kori, Isabelle, or Beth to check contact updates.

Arriving at School:

Please try to have your child at school **5-10 minutes before class begins.**

Your child's day starts with a group lesson that is very important to the rest of their class time. When they are late it takes away from their school experience, makes it difficult for them to know what is going on and it disrupts the other students.

If it is not possible for your child to be here on time, then we ask that you plan your arrival to be 20-30 minutes late (after your scheduled arrival time) to avoid group lesson interruptions and stress to students with separation anxiety. (This is especially true for our younger students). We want all our students (and staff) to enjoy the very best learning environment we can provide.

Late Pick-Up Policy:

Please be aware of your child's scheduled pick-up time (11:30, 12:30, 3:30, 4:30, & 5:30pm). There will be a late pick-up fee of \$10.00 if past the times above plus \$1.00 per minute until you arrive. However, we understand that occasionally a parent might be delayed due to an emergency, but you must call as soon as you know you won't make pick-up time. This is an exception, and not the policy. Late pick-ups can cause anxiety to your child, put us out of ratio, and can result in staff needing to stay past their scheduled work

time. Chronic late-pick up will jeopardize your child's schedule/enrollment and that is the last thing we want- we just want you to be on time for your child- they are excited to see you!!!

Enroll for Summer and Fall 2025!!

Included in this email is your intent to continue form for Summer and Fall 2025. Those forms are due by April 1, 2025. We will then fill available spots with families on our wait list. To avoid losing your spot we suggest getting the intent form filled out and back to us asap. Remember, if your child will not be attending this summer you need to fill out a withdrawal notice by May 1st to give your 30 days' notice and ensure that your deposit will be applied to your last month of tuition.

Nap Time and Nap Blankets:

If your child naps at school, please be sure to provide a "small" blanket for them. Unfortunately, we do not have extras. Also, we will send the blanket home every Thursday or Friday (depending on your schedule) to be washed and returned for the next week. Thanks!

Snack Time:

Please remember that snacks must follow our Quality First guidelines for healthy snacks/lunches and each snack should include **two** food group components. Please save cookies, fruit snacks, junk food, and high fat snacks for home. Extra food is always good,

especially for those kiddos going thru a growth-spurt!

Also, please label the outside of your child's lunch box if it contains peanut products. This helps us keep a "peanut free" free table in our lunchroom. We have masking tape and markers if you need them!



Staff schedules:

I just wanted to be sure everyone is aware of a few schedule adjustments for the rest of this semester. All current staff will be here thru May, but due to college schedules other existing staff are fortunately able to cover some times during the week so we are able to hold on to all our great staff!! Mikah will be working a few times for Sam, and will continue to team teach with Jena and cover Fridays. Isabelle is covering a few late day shifts to help Kelsey complete some classes at NAU. We are so blessed to have such dedicated educators and such an amazing team that supports one another in times of need!!

Also, "Yeah" to Miss Lilly who will be starting classes this month to obtain a early child hood certification and degree!

Peace and Love-

Beth, Kori, Berenice, Jena, Isabell, Sam, Lilly, Mikah, Kelsey, and Annie

Thought for the Month

"The most important trip you take in life is meeting people half way."

--Henry Boyle